# 3.4.1: Outcomes of Extension activities in the neighbourhood community in terms of impact and sensitizing the students to social issues for their holistic development during the last five years.

# **ACADEMIC YEAR 2021-22**

Sr. No.	Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme
1	Let's Celebrate Life - Joy of Giving	S.P.B Patel Engineering College	Community service awareness
2	Old Age Home Visit	"Sneh Kutir" near Nilkanth Mahadev Temple, Nagalpur- Mehsana	Community service awareness
3	Blood Donation Camp	Red Cross	National Accreditation Board for Hospitals & Healthcare Providers
4	Thalassemia Camp	Red Cross	National Accreditation Board for Hospitals & Healthcare Providers
5	Session on Right Focus in Nearby Schools	S.P.B Patel Engineering College	Community service awareness
6	Diwali Cloth Distribution	Pipefit Engineers Pvt. Ltd	Community service awareness
7	Visit to Adijati Kanya Shala for Health and Hygiene Education	Adijati Kanya Shala Ashramshala	Community service awareness
8	Plastic Drive and Awareness Campaign	S.P.B Patel Engineering College	Community service awareness
9	Swach Bharat Abhiyan	S.P.B Patel Engineering College	Community service awareness
10	Tree Plantation	S.P.B Patel Engineering College	Community service awareness
11	Session on Mobile Addiction in nearby Schools	S.P.B Patel Engineering College	Community service awareness



Let's Celebrate Life: Joy of Giving (2021-22)

#### Introduction:

In the academic year 2021-22, Saffrony Institute of Technology, organized the heartwarming "Let's Celebrate Life: Joy of Giving" extension activity. On August 3, 2021, the campus became a beacon of generosity as students and faculty joined hands in a collective celebration of giving back to the community.

# **Program Details:**

- Faculty Team: 7

- Student Participation: Approximately 300 students

- Event Date: August 3, 2021

# Celebration of Generosity:

The occasion unfolded with a harmonious collaboration between students and faculty who, in a gesture of collective generosity, cleared out their wardrobes and contributed unused clothing. This act of giving aimed to address the needs of the less fortunate in a nearby destination.

# **Strengthening Community Bonds:**

The joint endeavor not only exemplified the spirit of communal kindness but also strengthened the bonds within the S.P.B Patel Engineering College community. The act of sharing resources for a meaningful cause fostered a sense of unity and shared purpose among the participants.

#### Impactful Benevolence:

The "Joy of Giving" event left an enduring impression of interconnectedness and benevolence. The selfless contributions made by students and faculty showcased the potential for positive change through shared efforts, underlining the profound impact of communal kindness on both givers and receivers.





# **Extension Activity Recognition:**

The "Let's Celebrate Life: Joy of Giving" event is recognized as a significant activity by Saffrony Institute of Technology. This acknowledgment reflects the institute's commitment to instilling values of generosity, compassion, and community service among its students and faculty.





# **Old Age Home Visit to Sneh Kutir**

**DATE: 22-01-2022** 

#### Introduction

Saffrony Institute of Technology organized an Old Age Home Visit to "Sneh Kutir," located near Nilkanth Mahadev Temple, Nagalpur-Mehsana, on the 22nd of January 2022, Saturday. The visit aimed to expose students to the realities of life in an old age home and nurture respect and empathy for the elderly.

# **Objectives**

The primary goals of the visit were:

- To instill a sense of social responsibility and spirituality among the students
- To encourage students to appreciate and value the elderly in society

# **Visit Highlights**

During the visit, the following observations were made:

- The physical well-being of the 75 to 80-year-old inmates was commendable
- The prevailing atmosphere echoed with a sense of loneliness and a desire for love and affection
- Engaging in meaningful conversations, students shared their love, presented songs, and even danced, uncovering personal stories and sadness
- The interactions not only shed light on the emotional needs of the residents but also highlighted the dedicated care provided by the home's staff





#### Reflections

The visit left an indelible mark on the students, who departed with hearts filled with empathy. The experience provided profound insights into the emotional needs of the elderly, emphasizing the significance of compassion and companionship. The residents of Sneh Kutir once again served as a wellspring of motivation, showcasing unwavering hope despite their circumstances.

#### **Conclusion**

The Old Age Home Visit at Sneh Kutir on the 22nd of January 2022 proved to be another significant step in fulfilling the institute's commitment to holistic development. It succeeded in fostering a sense of social responsibility and empathy among the participating students, urging them to appreciate and value the elderly in our society.

#### **Acknowledgments**

The success of this visit was made possible through the coordinated efforts of Mr. Parixit Pandya and under the guiding leadership of Prof. M.A. Patel, the Principal of S. P. B. Patel Engineering College. Their unwavering support played a pivotal role in ensuring the success of this meaningful initiative.

This report stands as a testament to the institute's unwavering dedication to nurturing responsibility and empathy among its students, preparing them not just as professionals but as compassionate individuals making positive contributions to society.



















# **Report on Blood Donation Camp**

27th April 2022

# **Exploration into the Noble Cause: Blood Donation Camp**

The perpetual need for blood is an ongoing reality, presenting itself at any moment and under diverse circumstances. In and around Ahmedabad, the demand for blood surpasses 500 units daily, but the grim truth is that only 50% of this requirement is met. Adding to this challenge, individuals suffering from Thalassemia require blood transfusions 1-2 times a month for survival.

In response to this critical situation and with an ardent commitment to the noble cause, the NABH National Accreditation Board for Hospitals & Healthcare Providers from Red Cross orchestrated a dual initiative—a Blood Donation Camp on the 27<sup>th</sup> April 2022

# **Blood Donation Camp:**

The primary objective of the Blood Donation Camp was to address the constant demand for blood in the region. The camp saw active participation, resulting in the collection of a commendable 62 units of life-saving blood. Donors, comprised of students, faculty, and staff, selflessly contributed to this vital resource, potentially impacting the lives of numerous individuals in need.

# **Outcomes and Achievements:**

The combined efforts resulted in a significant impact. The Blood Donation Camp not only contributed to the vital blood supply but also showcased the altruism and compassion embedded within the Saffrony Institute of Technology community.

#### A Pleasure to Share:

It brings immense pleasure to announce that the Blood Donation Camp, with 62 units of blood collected and 252 students undergoing Thalassemia testing. This initiative stands as a testament to the institute's dedication to making a positive impact on both immediate health needs and long-term genetic health awareness.

In conclusion, the Team's dual initiative not only addressed the pressing need for blood but also contributed to the broader cause of healthcare awareness. It exemplifies the proactive role educational institutions can play in fostering a sense of responsibility and compassion within their communities.



# **Photos:**

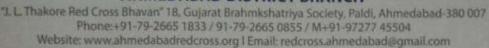






# INDIAN RED CROSS SOCIETY

#### AHMEDABAD DISTRICT BRANCH





The Collector, Ahmedabad President

Shruti Chudgar Vice-Chair Person IRCS/AHD/245/2022 Dr. Harshad Shah Chairman

Dr. Vishvas Amin General Secretary Mukesh Patel Chairman Emeritus Amit Doshi Hon. Treasurer

Date: -21/04/2022

To, Mr. Tausif Shaikh Asst. Professor Saffrony Institute of Technology Mehsana

Sub. - Conduction Blood Donation camp and Thalassemia Testing

As discuss with you, we would like to organize blood donation camp at your esteemed Institute, On 27th April-2022, between 09.30 to 04.30 pm we conduct both activity at there. On this day Our Medical Team, Pera Medical team and supportive staff will there. For Blood donation event we manage 07 Person are there and for Thalassemia testing programmed we manage 05 members at there.

On this day you have mange 04- tables, 25 Plastic chairs, 02 electric point and drinking water for the staff as well as donors. And for Thalassemia testing you manage 04 tables - 25 chairs only.

If you want any kind of support and questions you can call me any time.

Thanking you.

Dhaval Shah

Mb. 9737041263









#### Tausif Shaikh <tausif.shaikh@saffrony.ac.in>

# Regarding organizing Blood Donation and Thalessmia Camp

3 messages

Tausif Shaikh <tausif.shaikh@saffrony.ac.in>

Wed, Apr 20, 2022 at 2:27 PM

To: Dhaval Shah <dhaval.redcross@gmail.com>

Cc: "Dr. Pooja Mehta" <pooja.mehta@saffrony.ac.in>, Tejas Patel <tejas.patel@saffrony.ac.in>, "Prof. Gulab Bambhaniya" <gulab.bambhaniya@saffrony.ac.in>, akshay kansara <akshay.kansara@saffrony.ac.in>, Joseph Sebastian <joseph.sebastiansibi@saffrony.ac.in>, "Prof. Shailesh Patel" <shailesh.patel@saffrony.ac.in>, parixit pandya <parixit.pandya@saffrony.ac.in>, Atul Gupta <atul.gupta@saffrony.ac.in>, Dipak Patel <dipak.patel@saffrony.ac.in>

Dear Dhaval Sir,

With reference to our discussion earlier this Week, we would like to let you know that we have finalized the date of Blood Donation and Thalassemia Camp at our Institute campus on 27th April 2022.

We hereby confirm the conduction of the Blood Donation and Thalassemia Camp by the Indian Red Cross, Ahmedabad District Branch. Please note that the number of students to be screened for the Thalassemia Test will be approximately 500.

Kindly take note of the same.

In case of any further assistance please feel free to contact the following numbers

Prof. Tausif Shaikh : 8200754891, 9898449201

Prof.Tejas Patel: 9725506639

With Regards

Prof. T M SHAIKH Assistant Professor (PG Coordinator) Mechanical Engineering Department

Saffrony Institute of Technology, Near Saffrony Holiday Resort, Ahmedabad-Mehsana Highway, At. & P.O. Linch, Dist. Mehsana, Gujarat - 384 435 | +91-2762-285721

Kindly do not take the print of this mail unless you really need it and save environment.

\_\_\_\_\_\_

#### CONFIDENTIALITY NOTICE

This communication (including any attachment/s) is intended only for the use of the addressee(s) and contains information that is PRIVILEGED AND CONFIDENTIAL. Unauthorized reading, dissemination, distribution, or copying of this communication is prohibited.

**Dhaval Shah** <dhaval.redcross@gmail.com>
To: Tausif Shaikh <tausif.shaikh@saffrony.ac.in>

Wed, Apr 20, 2022 at 3:07 PM

Dear Sir,

Here we give confirmation for the same and conduct both activities on the same day between 09.30 AM to 04.30 PM.

#### Thanks.

**Dhaval Shah Societal Marketing Executive Indian Red Cross Society** Mb.:91 + 97370-41263

[Quoted text hidden]

Tausif Shaikh <tausif.shaikh@saffrony.ac.in>

Wed, Apr 20, 2022 at 3:02 PM

To: Dhaval Shah <dhaval.redcross@gmail.com>

If possible ,kindly let me know through a letter about your members and for confirmation which you used to send earlier on letter pad.

With Regards

Prof. T M SHAIKH Assistant Professor (PG Coordinator) Mechanical Engineering Department

Saffrony Institute of Technology, Near Saffrony Holiday Resort, Ahmedabad-Mehsana Highway, At. & P.O. Linch, Dist. Mehsana, Gujarat - 384 435 | +91-2762-285721

Kindly do not take the print of this mail unless you really need it and save environment.

# CONFIDENTIALITY NOTICE

This communication (including any attachment/s) is intended only for the use of the addressee(s) and contains information that is PRIVILEGED AND CONFIDENTIAL. Unauthorized reading, dissemination, distribution, or copying of this communication is prohibited.

[Quoted text hidden]





# Right Focus Program (2021-22)

**DATE:** December 2021 to March 2022

#### Introduction:

In the academic year 2021-22, S.P.B Patel Engineering College, continued its commitment to community service awareness through the proactive "Right Focus" outreach program. Spanning from December 2021 to March 2022, this initiative aimed to educate and empower students in nearby schools on the vital skill of goal setting.

# List of schools visited nearby:

- 1. GC Highschool, Pilvai
- 2. Sheth A.S. patel School, Sardarnagar
- 3. Sardar Public school, Vijapur
- 4. P.R. Patel Sarvoday Vidhyalay, Hirpura
- 5. Adarsh Highschool, Diodar
- 6. Krishna Kuwarba Highschool, Diodar
- 7. Takshshila Vidhyalay, Halvad

# **Program Details:**

- Faculty Team: 6

- Student Participation: Approximately 1700 students

- Program Duration: December 2021 to March 2022





#### **Focus Areas:**

The program centered around comprehensive sessions covering:

- The intricacies of setting SMART goals.
- Goal-setting techniques.
- Crafting schedules for effective time management.
- Cultivating a healthy sleep cycle for enhanced well-being.

# **Educational Impact:**

The proactive educational activity proved instrumental for numerous students, providing valuable insights and strategies to navigate their academic journeys effectively. The emphasis on goal setting, including the detailed exploration of SMART goals and time management, contributed to the development of crucial life skills beyond the academic realm.

# **Holistic Student Development:**

By addressing the specific aspect of exam goal setting, the institute demonstrated a commitment to holistic student development. The Right Focus program underscored Saffrony's dedication to fostering skills that extend beyond traditional academic subjects, ultimately empowering students for success in both their academic and personal pursuits.

# **Extension Activity Recognition:**

The Right Focus program is recognized as a noteworthy extension activity by Saffrony Institute of Technology. This acknowledgment emphasizes the institute's ongoing commitment to actively engage with the community, providing valuable educational resources, and contributing positively to the holistic development of students.































#### REPORT ON DIWALI CLOTH DISTRIBUTION DRIVE

Date: November 4th, 2021

**Event Focus:** Diwali Festivities through a Unique Cloth Distribution Drive

**Objective:** To extend gratitude to the dedicated support staff and foster a sense of unity and appreciation within the institute community in collaboration with Pipefit Engineers Pvt. Ltd.

#### Introduction:

On November 4th, 2021, S.P.B Patel Engineering College in collaboration with Pipefit Engineers Pvt. Ltd. embraced a distinctive approach to Diwali festivities by organizing a cloth distribution drive. This initiative was a collaborative effort involving students and faculty members, aiming to express gratitude to the often-overlooked peons, sweepers, and workers who play crucial roles behind the scenes.

# **Event Highlights:**

The institute consciously departed from the traditional Diwali celebration and opted for a cloth distribution drive. The focus was on spreading joy and acknowledgment to those individuals whose efforts are integral to the institute's smooth functioning. The day was marked by a spirit of camaraderie as students and faculty actively participated in this meaningful endeavor.

# **Collaboration and Participation:**

The success of this initiative was made possible through the active collaboration between students, faculty members and our Industry Partner, Pipefit Engineers Pvt. Ltd. Their collective efforts demonstrated a shared commitment to recognizing and appreciating the essential roles played by the support staff. The sense of unity and camaraderie was palpable throughout the event.



#### **Activities:**

The main activity of the day centered around the distribution of clothing items such as sarees, shirts, and dhotis to the dedicated peons, sweepers, and workers. Participants personally handed out the clothing items, conveying gratitude and warm wishes for the festive season. This thoughtful gesture aimed to bridge gaps and strengthen bonds within the institute community.

# **Impact and Outcomes:**

- 1. Meaningful Celebration: The unique cloth distribution drive provided a meaningful way to celebrate Diwali, emphasizing gratitude and acknowledgment.
- 2. Community Building: The event contributed to the strengthening of bonds within the institute community, fostering a sense of unity among students, faculty, and support staff.
- 3. Recognition of Contributions: The initiative highlighted the commitment to recognizing the contributions of every individual, creating a positive and inclusive atmosphere within the institute.

# **Conclusion:**

The Diwali cloth distribution drive at S.P.B Patel Engineering College - Saffrony was a heartwarming and impactful initiative that celebrated Diwali in a unique way. By recognizing and appreciating the efforts of the support staff, the institute demonstrated a commitment to creating a positive and inclusive environment. This event not only marked the festival of lights but also showcased the institute's dedication to fostering a sense of unity and appreciation among its members.

















# Report on Visit to Adijati Kanya Shala for Health and Hygiene Education

**Date:** 8th April 2022

Conducted by: Students of S.P.B. Patel Engineering College

# Objective:

The objective of the visit to Adijati Kanya Shala in Palanpur was to educate students about personal health and hygiene. The program aimed to share knowledge about maintaining cleanliness, grooming the body, and preserving individual and community health in all dimensions. Specific focus was placed on discussing the consequences of poor hygiene, emphasizing the importance of hygiene, and providing personal hygiene tips.

#### **Activities with Time Slots:**

1. Time: 9:00 AM - 9:30 AM

- Arrival at Adijati Kanya Shala.
- Introduction and welcome by school authorities.
- 2. Time: 9:30 AM 10:00 AM
  - Presentation on the consequences of poor hygiene and why hygiene is important.
  - Interactive session to engage students in discussions about personal health and hygiene.

Presentation on the Consequences of Poor Hygiene and Why Hygiene is Important:

- Highlight health risks associated with poor hygiene, including infectious diseases.
- Emphasize the impact of hygiene on quality of life and academic performance.
- Discuss social and emotional effects such as isolation and low self-esteem.
- Stress the importance of personal hygiene for community health.

Interactive Session to Engage Students in Discussions about Personal Health and Hygiene:



- Facilitate group discussions on hygiene-related scenarios.
- Conduct role-playing exercises to explore different perspectives.
- Encourage open-ended questions to promote critical thinking.
- Foster peer support through sharing personal experiences.
- 3. Time: 10:00 AM 11:00 AM
  - Personal hygiene tips session, covering topics such as handwashing, dental care, and bathing practices.
  - Demonstration of proper hygiene practices.
- 4. Time: 11:00 AM 11:30 AM
  - Q&A session to address any queries or concerns raised by students.
  - Distribution of informational pamphlets on personal health and hygiene.

#### Outcome:

The visit to Adijati Kanya Shala provided invaluable insights into the importance of personal health and hygiene for the students. By sharing knowledge about maintaining cleanliness and grooming the body, the program aimed to empower students to take charge of their health and well-being. The discussions on the consequences of poor hygiene and personal hygiene tips equipped students with practical strategies to preserve individual and community health in all dimensions.

#### Accompanied by:

Two faculty members from S.P.B. Patel Engineering College accompanied the students throughout the visit, providing guidance and support in conducting the educational sessions.

# **Students Participated:**

Fifteen students from S.P.B. Patel Engineering College actively participated in the visit and engaged with the students of Adijati Kanya Shala in discussions and activities related to health and hygiene education.

Overall, the visit was a meaningful and impactful initiative aimed at promoting health awareness and hygiene practices among students, contributing to their overall well-being and community health.



# **Plastic Drive and Awareness Campaign Report**

**DATE: 12-08-2021** 

#### Introduction:

In pursuit of environmental sustainability and community engagement, Saffrony Institute of Technology organized a Plastic Drive on August 12, 2021. This initiative brought together 257 students and six dedicated faculty members, aiming to address the pervasive issue of plastic waste and promote responsible waste management practices. The event encompassed not only the collection of plastic waste but also an awareness campaign to encourage the use of eco-friendly alternatives.

# **Activity Overview:**

The Plastic Drive commenced with the active participation of 257 students from various disciplines, joined by six faculty members who played a crucial role in coordinating and facilitating the event. The primary objective was to collect plastic waste and simultaneously create awareness in the institute's vicinity about the harmful effects of plastic and the importance of adopting sustainable alternatives.

# **Plastic Collection:**

Participants, armed with the spirit of environmental responsibility, engaged in the collection of plastic waste within and around the institute premises. The collected plastic waste was properly segregated to facilitate recycling and responsible disposal.

**Awareness Campaign:** 





As an integral part of the initiative, the participants conducted an awareness campaign in the nearby area, emphasizing the detrimental effects of excessive plastic usage on the environment. The campaign encouraged the community to reduce the use of plastic and opt for eco-friendly alternatives, such as paper bags.

# **Visit to Dump Yard:**

To provide participants with a firsthand understanding of the consequences of improper plastic disposal, a visit to the dump yard area of Ahmedabad district was organized. This experience allowed them to witness the magnitude of the plastic waste problem and underscored the urgency of adopting sustainable practices.

# **Impact and Community Outreach:**

The Plastic Drive and Awareness Campaign made a significant impact not only by reducing the immediate environmental footprint through the collection of plastic waste but also by fostering a sense of responsibility and awareness in the community. The initiative aimed to inspire lasting behavioral changes by promoting the use of environmentally friendly alternatives.

#### **Conclusion:**

Saffrony Institute of Technology's Plastic Drive and Awareness Campaign on August 12, 2021, exemplified the institution's commitment to environmental stewardship and community welfare. By actively involving students and faculty, the event not only contributed to a cleaner environment but also sought to instill a sense of responsibility and awareness regarding plastic waste management. It is anticipated that such initiatives will continue to inspire sustainable practices within the institution and beyond.





























# SWACHH BHARAT ABHIYAN

Date: 4-10-2021

#### Introduction:

Saffrony Institute, aligning with the national vision of Swachh Bharat Abhiyan, conducted an impactful extension activity to foster cleanliness and hygiene. The campaign involved the active participation of 220 students who collectively worked towards making a positive difference in the institute's surroundings.

# Campaign Highlights:

- 1. Waste Collection and Segregation:
  - The institute organized a thorough cleanup, collecting waste from nearby areas.
- Emphasis was placed on educating people about the importance of segregating waste to facilitate effective recycling.

"Sort it Out, Make Recycling a Route!"\*

# 2. Community Engagement:

- Participants actively engaged with the community, encouraging residents to manage their waste responsibly.
- The campaign emphasized the collective responsibility of keeping individual spaces clean and beautiful.

"Clean Spaces, Happy Faces - Everyone's Duty, Everyone's Grace!"\*

#### 3. Cleanliness Drive:

- The initiative extended beyond waste collection to include a cleanliness drive, ensuring a visually appealing and hygienic environment.



- Participants cleaned and beautified spaces to enhance overall aesthetics and promote a sense of pride in the surroundings.

"Clean Today, Thrive Tomorrow - Let's Wipe Away Sorrow!"\*

#### 4. Health Awareness:

- Participants conveyed the message that clean surroundings play a crucial role in disease prevention.
- The campaign highlighted that maintaining cleanliness is not just about aesthetics but also contributes to overall health and well-being.

"Clean Surroundings, Healthy Living - A Gift That Keeps Giving!"\*

# 5. 3R Approach - Reuse, Recycle, Reduce:

- Encouraged the community to adopt the 3R approach: Reuse items, Recycle waste, and Reduce consumption.
- The focus on sustainable practices aimed to minimize environmental impact and promote responsible living.

"Reuse, Recycle, Reduce - A Sustainable Tomorrow We Produce!"\*

#### Conclusion:

The Swachh Bharat Abhiyan extension activity at Saffrony Institute demonstrated the institute's commitment to creating a clean, healthy, and sustainable environment. The active involvement of 220 students showcased a collective dedication to the principles of Swachh Bharat, making a positive impact on both the institute and the surrounding community.

BY FOSTERING CLEANLINESS AND INSTILLING A SENSE OF RESPONSIBILITY, SAFFRONY INSTITUTE CONTRIBUTES TO THE BROADER GOAL OF A SWACHH BHARAT - A CLEANER AND HEALTHIER INDIA.













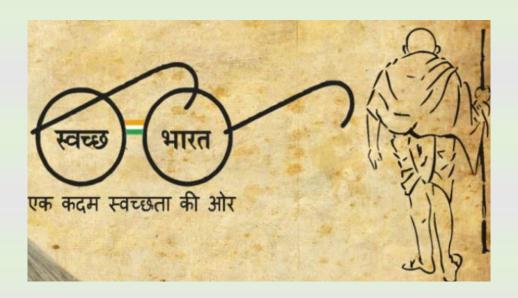














#### TREE PLANTATION DRIVE AT SAFFRONY INSTITUTE

**Date:** 27-4-2022

**Introduction:** 

On 27<sup>th</sup> April, 2022 Saffrony Institute conducted a commendable Tree Plantation Drive, with a total of 85 enthusiastic participants, including 35 students from the diploma program and 50 students from the degree program. The event was not only student-centric but also witnessed the active participation of 6 dedicated faculty members. The Tree Plantation Drive commenced

at 10:30 am and concluded at 1:00 pm.

**Event Process:** 

1. Registration and Briefing (10:30 am - 10:45 am):

Participants, both students and faculty, gathered at the designated area for

registration.

- A brief orientation session was conducted to highlight the significance of tree

plantation and the impact it has on the environment.

Safety guidelines and proper planting techniques were discussed to ensure the success

of the plantation drive.

2. Distribution of Saplings (10:45 am - 11:00 am):

Various species of saplings were provided to the participants, each carefully selected

to thrive in the institute's environment.

Participants were educated about the specific features and care requirements of the

allocated saplings.

3. Plantation Activity (11:00 am - 12:30 pm):



- Students and faculty members actively participated in planting their designated saplings across the institute premises.
- The planting process was executed with care, ensuring the proper depth and spacing for optimal growth.
- Collaboration among participants fostered a sense of teamwork and community involvement.

# 4. Vow and Pledge (12:30 pm - 12:45 pm):

- After the successful planting of saplings, all participants gathered for a vow and pledge ceremony.
- Each participant vowed to nurture and care for their planted trees, promoting a sense
   of responsibility towards the environment.
- The collective commitment aimed at ensuring the long-term survival and growth of the newly planted trees.

# 5. Conclusion and Refreshments (12:45 pm - 1:00 pm):

- The event concluded with a brief acknowledgment of the participants' efforts and dedication.
- Refreshments were provided to all attendees as a gesture of appreciation for their active involvement in the Tree Plantation Drive.
- Participants were encouraged to continue fostering a green and sustainable environment within the institute.

In conclusion, the Tree Plantation Drive at Saffrony Institute served not only as a symbolic act of environmental consciousness but also as a collaborative effort among students and faculty to contribute positively to the ecosystem. The event's success is not just measured by the number of saplings planted but by the commitment of each participant to nurture and safeguard these trees for a greener and healthier future.





























# **MOBILE ADDICTION AWARENESS**

Participants: Students from nearby Schools

**Faculty Involved**: 6

**Student Engagement**: Approximately 1100 students

**Program Duration**: December 2021 to February 2022

# **Program Overview:**

During the 2021-22 academic year, S.P.B Patel Engineering College expanded its community service efforts to tackle the pressing issue of mobile addiction among neighboring schools. This extension initiative, implemented from December 2021 to February 2022, aimed to raise awareness about the adverse effects of excessive mobile device usage and offer effective strategies for combating this issue.

As part of the initiative, S.P.B Patel Engineering College reached out to several nearby schools between December 2021 and February 2022. The list of schools included Accent School of Science and M.B. Karnavat School of Science in Palanpur, S.R. Public School in Kalol, Navjeevan Vidhyalay in Unjha, D.B. Parekh School and Sankalp Highschool in Dhanera, and Government Model School in Deodar.

# **Program Objectives:**

The extension activity aimed to:

- 1. Illuminate the negative impacts of prolonged mobile device use.
- 2. Equip students with practical strategies to mitigate mobile addiction.
- 3. Delve into the psychological and social implications of mobile addiction.
- 4. Empower students to establish healthy boundaries for digital well-being.



# **Program Activities:**

The initiative comprised a series of interactive sessions, workshops, and awareness campaigns held in nearby schools. These activities were designed to offer a comprehensive understanding of the drawbacks of mobile addiction and empower students with actionable strategies.

# **Key Highlights:**

- 1. Practical Mitigation Strategies: Participants were provided with practical and implementable strategies to effectively manage and control their mobile device usage.
- 2. Psychological and Social Impacts: Beyond outlining drawbacks, the initiative focused on elucidating the psychological and social implications of mobile addiction. This holistic approach aimed to foster a deeper understanding among students.
- 3. Empowerment for Healthy Boundaries: A significant emphasis was placed on empowering students to set healthy boundaries for digital well-being, recognizing the importance of balancing technology use with overall health.

# **Impact and Recognition:**

The extension activity, a timely intervention, underscores Saffrony Institute of Technology's commitment to holistic student development. By proactively addressing the challenges posed by mobile addiction, the institute recognizes the importance of equipping students with the tools needed to navigate the complexities of the digital era responsibly.

#### **Continued Commitment:**

This extension activity reflects Saffrony's continued commitment to community service and awareness. The institute remains dedicated to extending its positive impact



beyond its immediate community, recognizing the interconnectedness of well-being in the broader society.



















